# my study planner

Class:					
Predicted Grade:		Desired Grade:			
	nlmaalaan	t details			
What?	Important Details	Due Date	Grade Percentage		
colour	code	na	otes		
Colour	Association				

# topics to study

Use this table to identify all the different topics from your class' syllabus that you need to study. Check them off as you go along!

(print multiple pages of this sheet if you have lots of different topics)

Topic Area	Current Level of Understanding ( rate out of 10)	Completed?	New Level of Understanding	

# study plan

Listed below are several types of active studying strategies. Active studying will help you store the information in your long term memory. From the topics listed on the previous page, decide which active studying methods you want to use for each topic {you can & should do more than one per topic!}

Mind Maps	Flash Cards	Summary Sheets	Do Practice questions
Recite Information Out Loud	Teach it to Family or Friends	RG-DO DIFFICUIT Homework	Do Past Papers
COLOUT COUR AND COMMERCE CLARK MATERIAL COLOUR COLO	Summarise Text Book	Make and do a	Practice Diagram
Summarise Class Notes	Chapter	Quizlet.com test	Drawing and Labelling
		Make a aleeganii er	
Make a Poster	Do Practice Questions	Make a glossary or timeline	Make Mnemonics

# study schedule

First, use this planner to identify when you have free time to study. Next, assign different topics and your chosen study techniques to these times. Remember to take breaks!

Sunday							
Saturday							
Friday							
Thursday							
Wednesday							
Tuesday							
Monday							
TIMG							

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## motivation

Don't break the chain! A great way to maintain motivation is to see how far you have come, and how productive you've already been. On each day that you study, put a big tick in the boxes below. Maintain the chain by studying every day—this will help you make a habit out of studying. You can also note down what you accomplished that day!

	2	3	4	5	6
7	8	q	10		12
13	14	15	16	17	18
19	20	21	23	24	25
26	27	28	29	30	31

### more motivation?

Here are a few different things I like to do to motivate me. Try them for yourself and see if they work for you!

Purchase some new stationery	Set up a study group with friends/classmates
Create a new study space & rearrange your desk	Use the 'Focus Now' or 'Forest' app on your phone
Listen to Spotify's 'Intense Studying' playlist	Block social media using the 'StayFocusd' Chrome extension
Study at the library-on the quiet floor if there is one!	Find a playlist with the 'study' tag on 8Tracks
Install the 'momentum' Google Chrome extension	Study in a coffee shop-get a pastry if you work hard!
Scroll through the 'studyspo' tag on TubmIr	Reward yourself after completing a set amount of tasks
Write your goals down and check them off as you achieve them	Try out the 'Pomodoro' study technique {Google it!}
Go for a 15 minute power walk before you study	Set a realistic to-do list on paper or the 'Swipes' app